

OFFICE OF THE MAYOR

City of Eugene ♦ Oregon

PROCLAMATION

Whereas, The use of illegal drugs and the abuse of alcohol and nicotine are some of the greatest threats to the well-being of America's children; and

Whereas, Surveys conducted by the National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families, the less likely they are to smoke, drink, and use illegal drugs; and

Whereas, Teenagers who rarely eat dinner with their families are 72 percent more likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

Whereas, Teenagers who almost always eat dinner with their families are 31 percent less likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

Whereas, The correlation between family dinners and reduced risk for teen substance abuse are well-documented; and

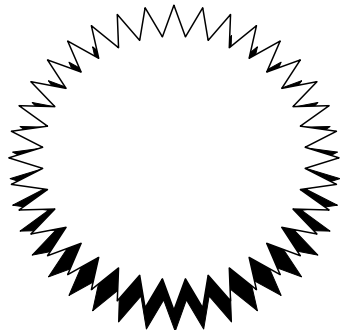
Whereas, Parental influence is known to be one of the most crucial factors in determining the likelihood of substance abuse by teenagers; and

Whereas, Family dinners have long constituted a substantial pillar of family life in America,

Now, therefore, I, Kitty Piercy, Mayor of the City of Eugene, do hereby proclaim the fourth Monday in September 2005 as

Family Day - A Day to Eat Dinner With Your Family

and encourage all citizens of this community to recognize and participate in its observance.



Kitty Piercy, Mayor